



Black-Eyed Pea Salad with Baby Greens

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Rated
(0)

- Prep Time 10 minutes
- Total Time 15 minutes
- Yield Serves 4

Ingredients

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- o 1 can (15 ounces) black-eyed peas, drained and rinsed
- o 1 tomato, diced (3/4 cup)
- 1/2 large red onion, thinly sliced
- 1 garlic clove, minced
- 1 tablespoon coarsely chopped cilantro
- o 1 tablespoon red-wine vinegar
- 1 teaspoon Dijon mustard
- o 3 tablespoons extra-virgin olive oil
- Coarse salt and freshly ground pepper
- o 6 cups baby spinach
- o 2 cups baby red mustard greens

Directions

- 1. In a large bowl, combine black-eyed peas with tomato, onion, garlic, cilantro, vinegar, mustard, and oil; gently toss to combine. Season with salt and pepper.
- 2. When ready to serve, combine spinach and mustard greens in a large salad bowl. Top with the bean salad, and gently toss to combine.